

# Massages

## Classical massage

Pleasant regenerating massage, to ease tension.

50 min € 47,00

## Relax massage

Wonderful massage to relax body and mind.

50 min € 47,00

## Classical partial massage

Back & shoulders or leg massage.

25 min € 30,00

## Facial massage

25 min € 30,00

## Lymph stimulating massage

This massage stimulates the lymphatic flow. The massage has a positive effect on circulation and for the balance and regeneration of body energy.

50 min € 52,00

## Myofascial massage

After a long walk or skiing day this is the ideal massage for relaxing your muscles and mind.

50 min € 52,00

## Foot stimulating massage

All our internal organs are mirrored on the soles of our feet. In reflexology, an organ can be influenced when a certain point on the sole of the foot corresponding to that organ is stimulated. This treatment has a very relaxing effect.

50 min € 50,00

25 min € 30,00

## Deep tissue massage

This massage is designed to release severe tension in the muscle.

50 min € 52,00

# Ayurveda

## Abhyanga (full body massage)

Abhyanga means "loving hands" and is a harmonizing full body massage with scented oils. Your mind is in a state of profound calm through the flowing massage and the release of all muscle tension.

80 min € 75,00

## Mukabhyanga (head, neck and face massage)

This soft and at the same time intensive massage of the head, the face and the neck calms down the over excited nervous system.

25 min € 35,00

## Padabhyanga (feet and leg massage)

The Ayurvedic foot and leg massage is a highly relaxing massage that promotes the circulation of energy flow. It will leave you with a feeling of complete well-being. Besides caring for the skin, the foot massage helps combat sleeping disorders, tiredness, bad eyesight and dryness or numbness in the feet.

25 min € 35,00

# *Sandor sand bed*

*Relaxing on warm sand*

## **Vitalstone massage® by Vitalis Dr. Joseph**

This deep relaxation massage is based on hot basaltic stones and precious essential oils. It provides a sensation of global harmony after periods of physical or emotional stress, in periods of interior renewal and relaxation... or more simply as a gift for yourself and for the ones you love!

**80 min € 79,00**

## **Peeling massage**

Soft scrub massage with purifying effect.

**50 min € 47,00**

## **Apple oil massage**

Try this particular massage with an apple and warm apple oil.

**50 min € 50,00**

## **Honey massage**

Relaxing soft tissue massage with detoxicating effect.

**50 min € 52,00**

# *Beauty baths*

## **Countess Peterson's bath**

Softens and smoothens your skin with milk and honey.

incl. 1 glass of fresh milk

**for 1 pers. € 32,00**

**for 2 pers. € 38,00**

## **Lavender blossom bath**

Relaxing bath, supports balance for body and soul.

**for 1 pers. € 30,00**

**for 2 pers. € 36,00**

## **Rose blossom bath**

Harmonizing sensual bath.

**for 1 pers. € 32,00**

**for 2 pers. € 38,00**

## **Apple-whey bath**

Refreshing and nourishing.

incl. 1 glass of fresh apple juice

**for 1 pers. € 36,00**

**for 2 pers. € 42,00**

## **Grape bath**

With anti-aging effect.

incl. 1 glass of grape juice

**for 1 pers. € 36,00**

**for 2 pers. € 42,00**

## **Mountain pine bath**

Stimulating and regenerating.

**for 1 pers. € 30,00**

**for 2 pers. € 36,00**

All our beauty baths can also be taken by two persons and have a duration of 25 minutes.

## *Special body treatments*

### **Beauty treatment "rose dream"**

A rose scrub, a moisturizing rose body pack and finally a fragrant partial rose oil massage.

incl. 1 glass of rose hip tea

80 min € 79,00

### **Mountain pine treatment**

Start with a mountain pine body pack, followed by a mountain pine beauty bath and finally a partial pine oil massage.

incl. 1 glass of mountain herbs tea

80 min € 82,00

### **Special feet treatment**

A soft feet scrub, a moisturizing feet pack and finally a pleasant feet massage.

50 min € 47,00

## *Body scrubs*

### **Apple-marble scrub**

Special scrub with local ingredients: apples, marble powder from Lasa and spring water from S. Vigilio.

25 min € 27,00

### **Orange blossom scrub**

For a refreshed and silky skin.

25 min € 27,00

### **Grape scrub**

With anti-aging effect.

25 min € 27,00

### **Whey scrub**

For very sensitive skin.

25 min € 27,00

We recommend intensifying the benefit of our body packs with a partial massage (25 minutes).

**extra charge € 28,00**

## *Body packs*

### **Alga pack with apple and hay**

Removes toxins and firms your skin.

**25 min € 35,00**

### **Monthalit pack**

Nature-pure mineral-sole alluvium from the Himalayan Salt Alps, slimming and Anti-Cellulite effect.

**25 min € 30,00**

### **Hay bath**

The traditional hay bath has a relaxing effect on the muscles and helps to ease chronic joint pain.

**25 min € 30,00**

### **Enotera pack**

Very nutrient and moisturizing.

**25 min € 30,00**

## *Face treatments*

### *Face treatment "Clearing"*

Classical face treatment with deep cleansing, scrub and mask. For every skin type.

**55 min € 55,00**

**with facial massage**

**80 min € 75,00**

### *Face treatment "Phyto"*

*Naturally Beautiful Skin with Plant Power*

Special face treatment with carefully selected plant extracts from naturopathy and natural aromas with skin type-specific Phyto Pack: Individual in three varieties - free from preservatives, perfume and artificial colours:

*"Phyto Serum Anti-Age"* with lupulin. This substance, extracted from hops, contains plant hormones with extremely moisturising and regenerating effects on the skin.

*"Phyto Serum Sensitive"* with a high content of flavonoids (plant hormones) from pansy, anise and hollyhock soothe and moisturize and have an anti-irritation effect on sensitive and stressed skin.

*"Phyto Serum Clearing"* with flavonoids from birch as well as irritant

and inflammation-reducing extracts from horse-tail and rathania root refine and clarify oily, impure or acne-prone skin.

The treatment includes: deep cleansing, peeling, Phyto pack, Phyto serum, relaxing facial massage and cream.

**80 min € 75,00**

## Face treatment "Hydro Wellness Plus"

*Relaxing and rejuvenating algae treatment, for every skin type*

Rejuvenation cure that will really bring a smile to your face. During the delicate relaxation massage, the highly concentrated algae active ingredients penetrate deep into the skin. Face, throat and décolleté voraciously absorb the moisture. The lifting effect is visible immediately! Further herbal ingredients release their effect: precious olives extract as well as the finest extracts from lapacho and green tea revitalize the skin. Precious sea butter gives the skin new elasticity, and protects against dryness and the premature formation of wrinkles.

The treatment includes:

Deep cleansing, Peeling, high-quality algae-based pack (with micro-pulverized algae), special facial massage and cream.

**80 min € 78,00**

## Face treatment "Beauty Wachs Modellage"

*Anti-aging Treatment Deluxe, for very dry and aged skin*

The treatment includes:

Cleansing, peeling, relaxing facial massage, beeswax modelling mask, ampoule, facial cream.

**80 min € 78,00**

## Eye Contour Treatment

For the gentle care of the extremely fine and especially stressed skin around the eyes caused by facial expression, Gertraud Gruber has

developed an especially intensive preparation with highly effective active ingredients. They combat loss of elasticity and the resulting formation of fine lines and can even reduce already existing wrinkles and lines as well as swelling around the eyes.

The treatment consists in: cleansing, eye concentrate, massage & eye mask.

**25 min € 29,00**

## After Sun Treatment

After sunbathing your skin can look forward to the soothing and regenerating effects of collagen, plant extracts and fine oils.

Ampoule + mask

**ca 25 min € 29,00**

## Eye brow & eyelash

Waxing upper lip

**15 min € 10,00**

Eye brow regulation

**15 min € 10,00**

Eye brow tinting

**15 min € 12,00**

Eyelash tinting

**15 min € 12,00**

Eye brow & eyelash tinting

**20 min € 20,00**

## For hands and feet

Manicure with polish or hand pack

**50 min € 32,00**

Pedicure with polish or foot pack

**50 min € 35,00**

## Warm waxing

Full leg

**50 min € 38,00**

Half leg	30 min € 23,00
Bikini	15 min € 15,00
Armpit	15 min € 15,00
Complete	60 min € 50,00
Back or chest for men	30 min € 23,00

## Packages

### Mirabell

- 1 relax massage with rose oil
- 1 orange blossom scrub
- 1 beauty bath Countess Peterson
- 1 facial treatment "Phyto"

€ 159,00 (instead of € 180,00)

### Relax for your back

- 2 hay bath with partial massage
- 1 lavender blossom bath

€ 131,00 (instead of € 146,00)

### For Men

- 1 mountain pine bath
- 1 partial massage
- 1 pedicure
- 1 facial treatment "Clearing"

€ 142,00 (instead of € 158,00)

### Lady power

- 1 basil scrub
- 1 body pack with enotera
- 1 facial treatment "Clearing"
- 1 honey massage

€ 165,00 (instead of € 184,00)

### Cell Stop

- 1 orange blossom scrub
- 1 lymph stimulating massage
- 1 alga pack
- 1 Monthalit pack

€ 129,00 (instead of € 144,00)

### Body Wellness

- 1 whey scrub
- 1 relax massage
- 1 facial treatment "Hydro Wellness plus"
- 1 beauty bath
- 1 solarium

€ 175,00 (instead of € 195,00)

### Relaxing Moments

- 1 scrub
- 1 rose blossom bath
- 1 Vital Stone massage
- 1 facial massage
- 1 solarium

€ 158,00 (instead of € 176,00)

### Anti Aging

- 1 grape scrub
- 1 facial treatment "Beauty Wachs Modellage"
- 1 grape bath
- 1 eye contour treatment

€ 154,00 (instead of € 171,00)

### Feet fit

- 1 pedicure
- 1 special feet treatment
- 1 partial leg massage

€ 108,00 (instead of € 120,00)

### Ayurveda

- 1 Abhyanga massage
- 1 Mukabhyanga massage
- 1 Padabhyanga massage

€ 130,00 (instead of € 145,00)

Please cancel booked treatments until 12.00 o'clock the day before, otherwise we have to put them on your bill.

from 10.00 to 12.00 and from 14.30 to 19.30 o'clock.

